



# GMAS Swimming Club (Inc)

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## Code of Conduct

**The following rules apply for ALL GMAS Swimming Club swimmers and are expected to be adhered to at ALL times.**

### Training and meets

1. Do not swear or bully another club member, from your own club or any others.
2. Treat all club members with respect just as you would like to be treated.
3. Work equally hard for yourself and your club.
4. Be a good sport. Encourage and support all club members.
5. Do not enter the water before the coach instructs you to.
6. If you are late present yourself to the coach on arrival.
7. Keep your hands and equipment to yourself.
8. Wear correct swimming attire and bring all equipment to training sessions.
9. Respect and follow instruction from club coaches or committee members at all times. Do not argue or ignore instructions.
10. Respect staff and officials at any venue you attend.

### Competition

1. Compete for enjoyment and not just to please parents or coaches
2. Compete by the competition rules and conditions
3. Never argue with an official. If you disagree then have your coach approach the official in the proper manner
4. Control your temper. Verbal abuse of officials, coaches or other competitors is not acceptable or permitted in any sport.
5. Represent your club with pride and respect.

### Parents

1. Encourage participation by your child, however if they are not willing then do not enforce them.
2. Focus on your child's efforts and performance rather than the overall outcome of an event. This will assist the child to set realistic goals related to their ability rather than the emphasis on winning.
3. Teach your child that an honest effort is just as important as winning so that each result can be accepted without undue disappointment.
4. Provide a model of good sportsmanship for your child to copy.
5. Parents are not permitted to be pool side for training or competitions.
6. Encourage honest effort, skilled performance and team/club loyalty.
7. Insist that your child abide by the club and competition rules.
8. Make any new parents/swimmers feel welcome at all times.
9. Support all club members.
10. Recognize the value of helping out and fundraising, be involved in the club.
11. Parents are responsible for their children before and after training sessions.
12. Accept all children are individuals and will achieve at different levels.

**Breach of the code**

A breach of this Code of Conduct, in the opinion of coaches, officials and club committee members may result in the club member being banned from the rest of that training session or competition. Further disciplinary action may be considered depending on the seriousness of offence, or if the same offences keep being committed.

**All Swimmers and Parents/Guardians must sign and agree to this Code of Conduct.**